

Save on heat: 7 good tips for reducing your heating costs

1

Lower the temperature

If you lower the temperature by 1 °C in the entire apartment, you save 5% on the heating bill. Keep the temperature at a minimum of 18 °C for reasons of humidity and to avoid mould. Save even more if you lower the temperature at night and when you are not at home.

2

Set the thermostats the same

If you have several heaters with thermostats in the same room – or in rooms with open doors between them – it is best to set the thermostats the same. Then your radiators are most efficient.

3

Close the door between warm and cold rooms

Keep the door closed between rooms where you want a different temperature - and again, do not keep the temperature lower than 18 °C to avoid moisture and mould.

4

Draw the curtains

Draw curtains and blinds in the evening and at night to prevent heat loss through the windows. Open them again during the day to let in light and heat.

5

Air out effectively

Daily ventilation is important for good indoor climate. Preferably two or three times a day. Air out briefly: 10 minutes is plenty. Make sure to create good ventilation throughout all rooms. This method minimizes heat loss because the cold air is quickly warmed by furniture and walls when the windows are closed again.

6

Save on water - especially hot water

Approx. 1/3 of our energy consumption for heat goes to heating domestic water – and most of it is bathing water. You can save a lot on both your water- and heating bills if you save on hot water.

7

Check the heaters

Heaters should be lukewarm or cold at the bottom, and warm at the top. Otherwise, they do not utilize the heat properly.